

FRESH UNSOLD FOOD ISN'T TRASH.

<46-49 [senior distribution](#): “good morning everyone – truck opens”>

CALIFORNIA’S MAKING SURE SURPLUS MEALS FEED PEOPLE -- NOT LANDFILLS.

10:28 [SENIOR Gloria](#) “I use whatever I can use. And the rest, share 10:32

8:10 [MILITARY SPOUSE](#) “It’s great. It’s so helpful for the families on base. 8:12

BY FUNDING FOOD RESCUE GROUPS LIKE HELPING HAND WORLDWIDE, CALIFORNIA IS:

- **HELPING FEED SOME OF THE 1 IN 5 CALIFORNIANS WHO DON’T HAVE ENOUGH TO EAT.**
- **CUTTING CLIMATE POLLUTION FROM ROTTING FOOD WASTE IN LANDFILLS.**
- **AND BUILDING SYSTEMS FOR A ZERO WASTE FUTURE.**

2:05 2:09 Steve, Helping Hand Cal Recycle, who gave us a very generous grant. Now we have an 18 foot truck

THE BENEFITS START MULTIPLYING FROM THE FIRST PICKUP AT STORES LIKE TRADER JOES.

2:55 [Sita Helms, Helping Hand Worldwide](#) “the nutrition is fabulous 2:56 because most of these people are not going to be able to afford these. Trader Joe’s premade salads. These have a very short shelf life 3:03

42 [Steve, Helping Hand](#) “it’s all fresh. We load it on here and deliver it to senior housing military or wherever our stop is that day 50

MORE SPACE TO RESCUE, DELIVER AND CAREFULLY BOX OVER A HALF-A MILLION MORE MEALS IN JUST THE FIRST TWO YEARS.

5:30 [WORKER Sena](#) “you can see down here we have all of the fruit and veggies. 5:33

SURPLUS FOOD THAT FILLS A CRITICAL NEED IN ORANGE AND SAN DIEGO COUNTIES.

10:10 [Sita Helms, Helping Hand Worldwide](#) “you never know who in your neighborhood is in need. 10:13

FROM SENIORS IN IRVINE.

8:55 [SENIOR Gloria](#) “social security is very low 8:57

11:44 [VOLUNTEER Earl](#) “several of them said if it wasn’t for this, I couldn’t make rent 11:46

TO MILITARY FAMILIES AT CAMP PENDLETON.

8:54 [MILITARY SPOUSE](#) Our paychecks don't go up depending on how many kids you have 8:57

13:54 VOLUNTEER Earl "I'm a veteran and I can tell you there are families that can use it." 13:57

HELPING HAND WORLDWIDE CATERS TO EACH COMMUNITY WITH DIVERSE VOLUNTEERS AND STAFF.

8:03 [SENIOR Gloria](#) "Sita talks in Spanish. Banqueta. She's going to have a banquet

8:09 I cook for the church 8:13

8:42 [SENIOR Gloria](#) "and the people who can't walk or come, they take 8:46

11:41 Sita Helms, Helping Hand Worldwide "it's the chain of humanity of one helping the other" 11:43

AT EVERY STEP, MAKING SURE NOTHING GOES TO WASTE.

6:53 [MILITARY SPOUSE](#) there are spouses who work 6:54

7:24 [MILITARY SPOUSE](#) so I will take the food home and people will come to my house to pick it up 7:28 or my husband will take it to work or I will take to other families on base 7:34

8:31 Sita Helms, Helping Hand Worldwide "instead of feeling like they don't belong in their own community. Now, not only are they a part of their community but they're leaders in their community and help bring the rest of the community in. 8:42

CONNECTING CALIFORNIANS WITH HEALTHY FOOD. AND EACH OTHER.

8:10 [Sita Helms, Helping Hand Worldwide](#) "the first time, they don't look me in the eye.

8:13 they keep their heads down, they're suffering from malnutrition they have big rings under their eyes. Their skin is gray 8:20

8:21 [Sita Helms, Helping Hand Worldwide](#) "within a couple of months, their skin has that nice healthy glow on it 8:27

STRENGTHENING OUR COMMUNITIES... WITH A HELPING HAND.

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